# **HOME HEALTH CARE**

Home health care (also known as "home health") is a health care benefit available at home through the patient's insurance. It is a short-term benefit that provides services by licensed medical professionals. Depending on needs, home health can offer a visiting nurse, physical therapist, occupational therapist, home health aide and social worker.

#### Who is eligible for home health care?

- Home health care is available through Medicare and commercial insurance to people who are considered "homebound." This means that a medical condition prevents one from safely leaving their home without assistance from another person(s) due to confusion and/or the need for an assistive device such as a walker or wheelchair.
- A physician order is required to start home health. The patient's physician may require an appointment to obtain a home health order.

#### How long and how often will home health care services be provided?

• This will be determined by licensed medical professionals on the home health team. Depending on the medical needs of the patient, it can be anywhere from a few weeks to a couple months. The goal is to help a patient maximize their functional independence.

Please see the back of this page for a list of local home health agencies.



## HOME HEALTH CARE (continued)

Selecting an agency is a health care right. Please note, this is not a comprehensive list. Visit Medicare.gov/homehealthcompare to search star ratings and view patient surveys.

#### LOCAL HOME HEALTH AGENCIES

### Advocate Health at Home (advocatehealth.com/ health-services)

- Serves: Cook, DuPage, Kane, Lake, McHenry and Will counties
- Phone: 847.438.5508

### Carelink Home Health (carelinkhomehealth.org)

- Serves: Cook, DuPage, Kane, Kendall, Lake, McHenry and Will counties
- Phone: 847.426.0300

## Center of Illinois Home Healthcare (centerofillinois.com)

- Serves: Boone, Cook, DeKalb, DuPage, Kane, Lake, McHenry, Will and Winnebago counties
- Phone: 847.437.0774

#### Kindred at Home (kindredathome.com)

- Serves: Boone, Cook, DeKalb, DuPage, Grundy, Kane, Kankakee, Kendall, LaSalle, McHenry and Will counties
- Phone: 847.972.1590

## Residential Home Health (residentialhealthcaregroup.com)

- Serves: Part of Cook and part of Lake counties
- Phone: 866.902.4000

### Northwest Community Home Care (nch.org)

- Serves: Cook, part of DuPage and part of Lake counties
- Phone: 847.618.7800

## Northwest Home Health and Rehab

#### (nwhomehealthrehab.com)

- Serves: Boone, Cook, DeKalb, DuPage, Kane, Kendall, Lake, McHenry, Ogle, Will and Winnebago counties
- Phone: 847.854.0186

